**OŠ Milke šobar nataše jedilnik od 6. 1. do 10. 1. 2025**

|  |  |
| --- | --- |
| PONEDELJEK | |
| **DOP. MALICA** | **polbel kruh, marmelada, maslo, mleko\*, jabolko** |
| **KOSILO** | **\*\*\*\*Milijonska juha, makaronov narastek s sirom, rdeča pesa** |

|  |  |
| --- | --- |
| TOREK | |
| **DOP. MALICA** | **piščančja prsa, skuta, pirin kruh, korenček, 100% sok razredčen z vodo** |
| **KOSILO** | **ohrovtova juha, dunajski puranji zrezek, krompirjeva solata z zeljem** |

|  |  |
| --- | --- |
| SREDA | |
| **DOP. MALICA** | **sadni jogurt Konda, pirina štručka, banana** |
| **KOSILO** | **juha iz zelene, pečenica, matevž, kisla repa** |

|  |  |
| --- | --- |
| ČETRTEK | |
| **DOP. MALICA** | **ribji namaz\*\*\*, ržen kruh, koruza, čaj z limono** |
| **KOSILO** | **piščančja obara, jogurtovo pecivo s sadjem, jabolčni kompot** |

|  |  |
| --- | --- |
| PETEK | |
| **DOP. MALICA** | **Mulc ovseni kosmiči, mleko, hruška** |
| **KOSILO** | **porova juha, testenine s tuno, zelena solata z lečo** |

\*lokalno \*\*eko \*\*\*domače pecivo trajnostna jed\*\*\*\*

VSEBNOST SNOVI, KI POVZROČA ALERGIJO ALI PREOBČUTLJIVOST

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| naziv jedi/ meni št. | živilo, ki vsebuje gluten | raki | jajca | ribe | arašidi | soja | mleko, mlečni proizvod, ki vsebuje laktozo | oreščki | listna zelena | gorčično seme | sezam. seme | žveplov dioksid | volčji bob | mehkužci | svinjina |
| PON  malica | X |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| PON  kosilo | X |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| TOR  malica | X |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| TOR  kosilo | X |  | X |  |  |  | X |  |  |  |  |  |  |  | X |
| SRE  malica | X |  |  |  |  |  | X |  |  |  |  |  |  |  |  |
| SRE  kosilo | X |  |  |  |  |  |  |  | X |  |  |  |  |  |  |
| ČET  malica | X |  |  | X |  |  | X |  |  |  |  |  |  |  |  |
| ČET  kosilo | X |  | X | X |  |  |  |  |  |  |  |  |  |  |  |
| PET  malica | X |  |  |  |  |  | X | LEŠNIKI |  |  |  |  |  |  |  |
| PET  kosilo | X |  | X | X |  |  | X |  |  |  |  |  |  |  |  |

Opomba: šola si pridržuje pravico do sprememb. Organizator šolske prehrane: Matejka Skrbinšek